



WOOD DAILY!

For your child's best Camp experience, we encourage you to follow this list daily! And please...**be sure to label all your child's belongings!!!**

- Bathing suite with plastic bag
- Towel[s] [we swim at least twice daily!]
- Water shoes to wear in water; *recommended!*
- Flip flops to wear at the beach *if desired!*
- Sweatshirt or jacket
- Insect repellent
- Sun block [please apply to you child before leaving home; we will assist in re-applying throughout the day]
- Water bottle [please fill daily; we will refill throughout the day!]
- Rain poncho [optional]
- Lunch – we encourage healthy foods!
- Two snacks [one for morning and afternoon]
- Beverage [Please, water only; *no soda!!*]

WHAT SHOULD OUR CAMPERS WEAR?

Children are engaged in physical activities throughout the day. Proper footwear and clothing is important for safety and comfort.

- Shorts and/or long pants
- Short sleeve shirts
- Sneakers with socks** [no open-toe shoes!]

Note: Campers may wear sandals, but must change into sneakers for appropriate activities.

PLEASE LEAVE THE FOLLOWING AT HOME

Camp Y-Wood is designed for *outdoor* activities. YWCA Staff is not responsible for lost or damaged personal property.

- Cell phones
- iPods
- Electronic games
- Toys
- Jewelry
- Candy
- Gum



***There is poison ivy in some wooded areas, therefore, sneakers & socks are require*

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